

(Ebook pdf) Your Pregnancy Week by Week [YOUR PREGNANCY WEEK BY WEEK-7E] [Paperback]

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From Da Capo Lifelong Books/ : Your Pregnancy Week by Week [YOUR PREGNANCY WEEK BY WEEK-7E] [Paperback] before purchasing it in order to gage whether or not it would be worth my time, and all praised Your Pregnancy Week by Week [YOUR PREGNANCY WEEK BY WEEK-7E] [Paperback]:

1 of 1 people found the following review helpful. Not the Best Pregnancy BookBy Alicia C.First of all, the majority of the information in this book can be found just as easily on any of the Babycenter type websites. It really doesn't offer anything they don't. I do like that relevant information is organized based on where you are in your pregnancy, and in an index. It's convenient but not much else. Women who are pregnant for the first time might find some sections a bit negative. For example, one of the first paragraphs in "Week 10" describes a (pretty upsetting) Molar Pregnancy. Why make readers needlessly worry about this? I feel like that type of information should be compiled or referenced in a separate section so that the reader can opt out. Another example, I was experiencing cramping during my first trimester. When I looked up cramping in the index, I was led to information about stomach cramps, ectopic pregnancy, and miscarriage. Nowhere did it say that cramping without bleeding is totally 100% normal (this was confirmed by my OB). I was a little put off by this. I don't need a book to make me worry - need a book to reassure me and give me helpful information.3 of 3 people found the following review helpful. If you are looking for a book to give you a new item to worry about each week - this is the book for you!By RebeccaI had an earlier version of this book 15 years ago when I had my first child. I loved it. It was a small book with just a few pages on each week of your baby's development, including sketches and descriptions. I bought this new edition so that I could share it with my children.

However, this book has ballooned and is now full of information about nutrition, disease, complications, and alternative medicine. If you are looking for a book to give you a new item to worry about each week - this is the book for you! A few pages on obscure diseases and complications are included in each section and a lot of the nutritional and cautionary advice about activities are ill timed and will only server to increase you concerns that you maybe have done something months ago that will negatively affect your child. I feel like this book was ruined and I was really disappointed.I recommend that you skip this book and have a happy pregnancy.3 of 3 people found the following review helpful. Anxiety InducingBy C. GendronThis was the worst pregnancy book I read. I felt like every page was meant to freak me out, fill me with fear for my unborn baby. I will also add that when I asked my OB, the midwives I saw regularly, my doula about things I read in this book they often told me it was ridiculous explained that many of the "facts" did not come from actual scientific studies.I found the Mayo Clinic guide to be much more enlightening fact based.

A book about the stages of pregnancy. Purchased at Books A Million.