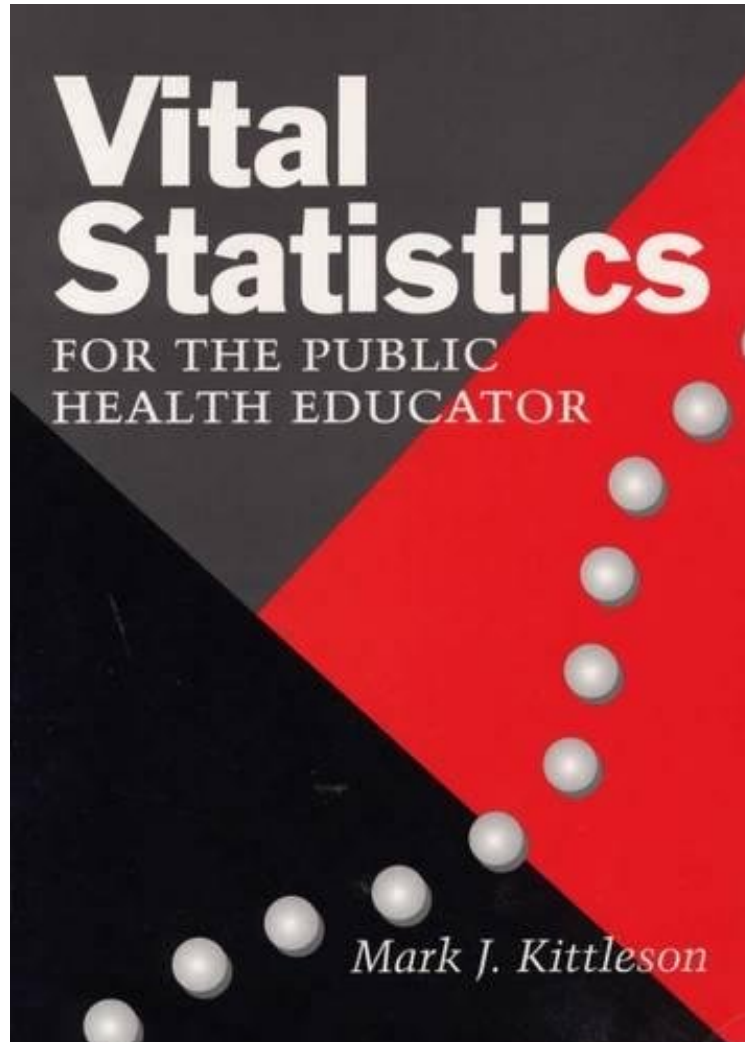


## Vital Statistics: For the Public Health Educator

*Associate Professor Mark J Kittleson*

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**Associate Professor Mark J Kittleson : Vital Statistics: For the Public Health Educator** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Vital Statistics: For the Public Health Educator:

In this unique volume, Mark J. Kittleson leads the reader through a step-by-step process that examines the various aspects of vital statistics and their practical applications. Kittleson aims to instill confidence in public health professionals, students and practitioners alike regarding the essential use of vital statistics in their work. As finances become tighter, public health professionals are forced to utilize alternative methods for program planning. Vital

statistics are some of the more readily accessible resources available to public health professionals, in short- and long-range planning. Yet many people in the public health fields are uncomfortable with the use of vital statistics; despite their professional training in basic and advanced statistics practitioners are often acquainted with only a restricted application of the practical aspects of statistics. Where can professionals or students in public health go to learn such practical application? Most information on vital statistics is buried in epidemiology or statistics textbooks, where a knowledge of the various properties commonly used in vital statistics is presupposed. Kittleson assumes that his readers know very little about vital statistics. Using a hands-on approach, he guides the reader through an easily accessible method of interpreting and reporting vital statistics, providing practice problems and their solutions as well as an appendix that gives a thorough review of basic mathematical principles. Written as a supplement to a variety of related courses, such as epidemiology, program planning, and community development, this book will be of assistance to all professionals in the field of public health.

"I am impressed with Kittleson's down-to-earth style of writing and certainly believe that this book makes a contribution to the field of health education generally and to those taking vital statistics specifically." Bruce Ragon, Indiana University