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Inc. BarCharts
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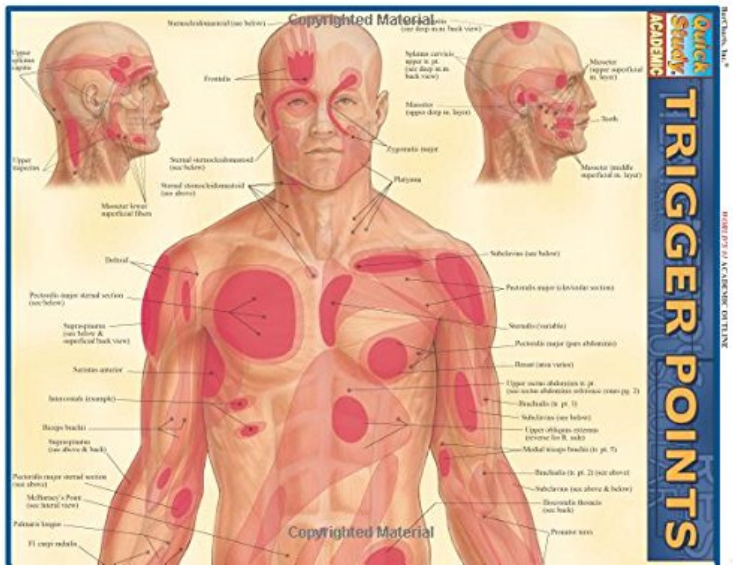

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Inc. BarCharts : Trigger Points (Quickstudy: Academic) before purchasing it in order to gage whether or not it would be worth my time, and all praised Trigger Points (Quickstudy: Academic):

0 of 0 people found the following review helpful. Great study Chart!By rainbowsnowflakesGreat for learning where all of the trigger pts. are.!0 of 0 people found the following review helpful. The BEST book! I was told by several doctors that ...By Allyson StrobelThe BEST book! I was told by several doctors that my hip pain was caused by my back! Had two fusion and it did nothing only gave me horrible back pain. Fell into a trigger point doc and he gave me robaxin, chlochichine, and zanaflex and it has calmed down my pain so much!! This book was so helpful to understand the pain areas and how to fix, get the book!1 of 1 people found the following review helpful. Trigger PointsBy Gardengal75Not what I thought it would be. It is just a chart and does not actually tell you where your pressure points are to help you relieve some points of pain. It just stays folded up in a drawer, For me it is totally useless. Maybe it is for someone studying some kind of anatomy.

Loaded with beautifully illustrated diagrams clearly and concisely labeled for easy identification. Illustrations by award-winning medical illustrator Vince Perez.