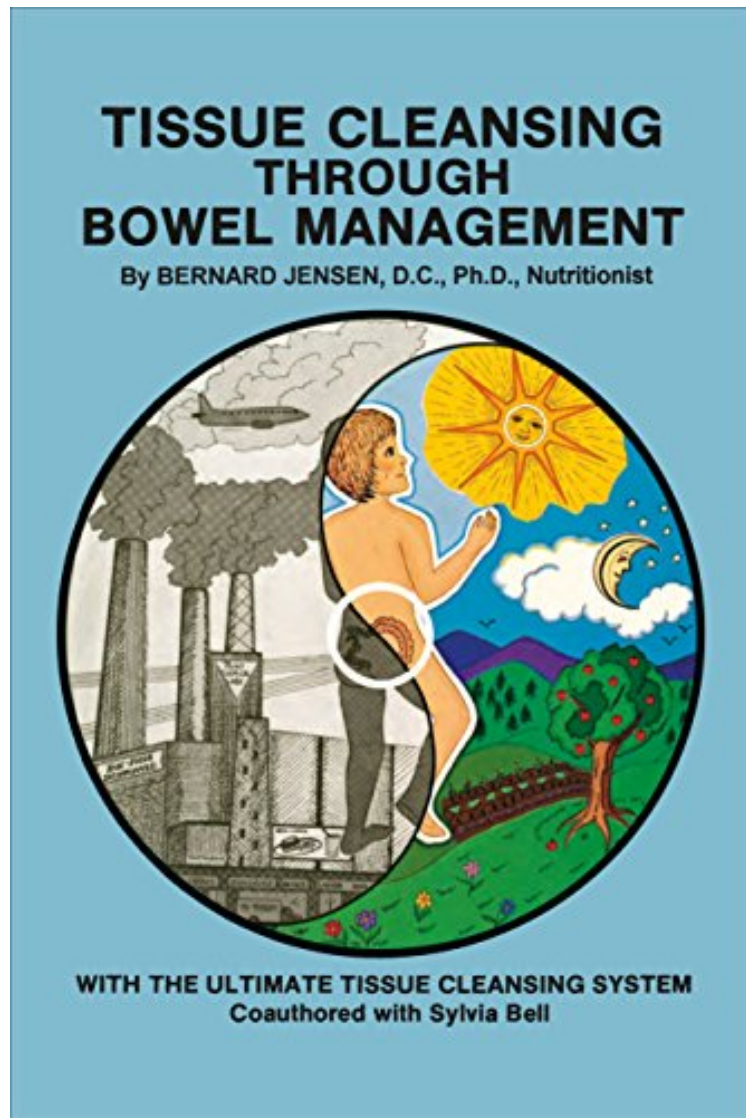


(Library ebook) Tissue Cleansing Through Bowel Management

Tissue Cleansing Through Bowel Management

Bernard Jensen, D.C. with Sylvia Bell
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#133522 in Books Jensen Bernard Ph D 2011-10-24Original language:EnglishPDF # 1 8.90 x .60 x 5.90l, Binding: Perfect Paperback192 pagesTissue Cleansing Through Bowel Management | File size: 32.Mb

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Considered the definitive work on the relationship of intestinal flora to tissue health, this enduring classic has sold over 1 million copies. Dr. Jensen's recommendations have motivated multitudes of people to take responsibility for their health and well-being, and his protocols have helped them find relief from numerous bowel- and tissue-related diseases. Readers are given an in-depth explanation of the benefits of detoxification and a concise understanding of the anatomy and physiology of the bowel. A few of the various fasts and cleansing options presented include: * 11-Day elimination Regime * Master Chlorophyll Elimination Diet * Watermelon Flush * Weekly 1-Day Fast * Juice Fasting The main focus of this book is on the Ultimate Tissue Cleansing System, Dr. Jensen's premier program for bowel management. This treatment cleanses and strengthens the bowel and balances intestinal flora, allowing nutrients to be assimilated more efficiently by the body. Additionally, the protocol helps to protect tissue health and the health of all internal organs. A follow-up rejuvenation schedule and maintenance program ensure continued success.

About the Author Bernard Jensen spent over 60 years as a pioneer in the holistic health field. At the age of 76 he earned his doctorate degree, culminating a lifetime of study, work, and teaching in the healing arts. He lectured in 55 countries around the world on natural health care, iridology, and tissue cleansing. Dr. Jensen wrote and publishing over 40 books.