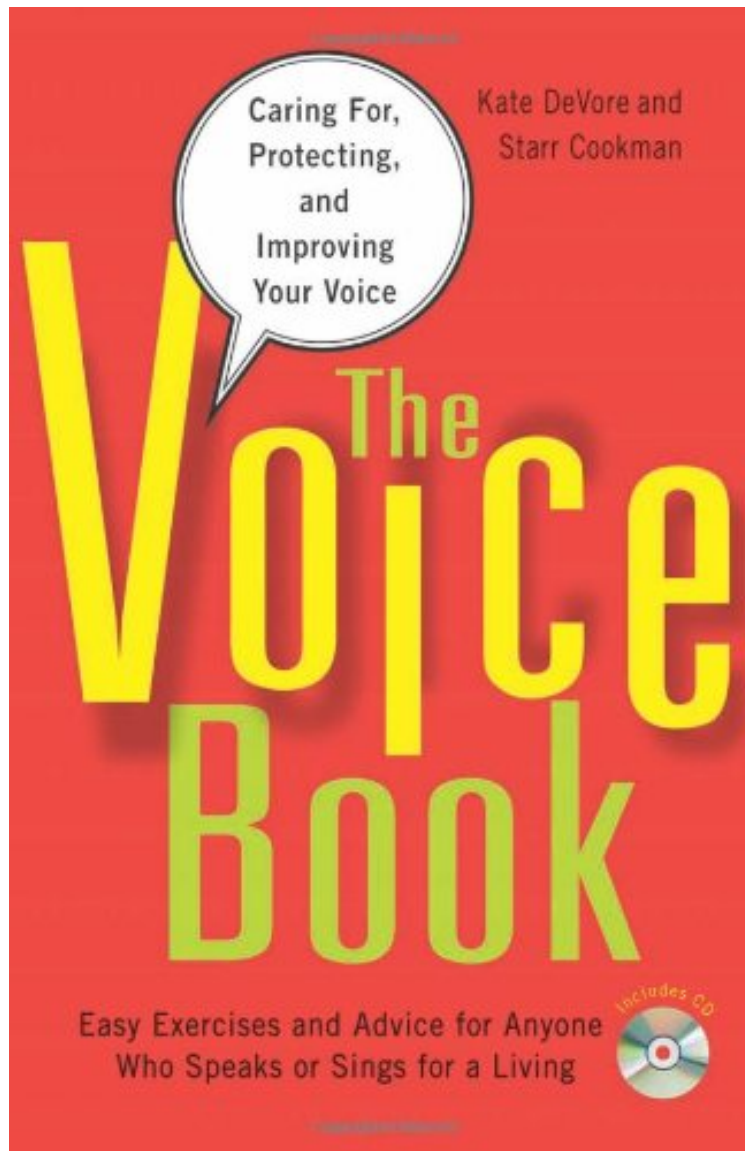


[FREE] The Voice Book: Caring For, Protecting, and Improving Your Voice

# The Voice Book: Caring For, Protecting, and Improving Your Voice

*Kate DeVore, Starr Cookman*  
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**Kate DeVore, Starr Cookman : The Voice Book: Caring For, Protecting, and Improving Your Voice** before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Voice Book: Caring For, Protecting, and Improving Your Voice:

0 of 0 people found the following review helpful. Helpful book By Joyce Rommel This book was purchased for a veteran at the VA hospital that had suffered a stroke that seriously affected his speech. It has been a tremendous help with his rehabilitation and ability to communicate. 13 of 13 people found the following review helpful. Practical advice

for real results  
By GoshenBebop  
I'm a salesman of scientific materials so I can spend hours day on the phone and give 2-5 presentations a week. This activity plus a history of seasonal allergies means my voice is often fatigued and ragged. The book offers practical advice on how to improve your voice. It can be read from page one as a comprehensive guide, or use for reference to address specific issues. I have recommended this book to several friends including other salesmen, two pastors, and several teachers. When buying this book, be sure it comes with the CD. A friend purchased a used book that came without the CD, greatly reducing it's value.  
0 of 0 people found the following review helpful. Text is good, but the CD voice is terrible  
By Clinton Keith  
While the tips in the book are useful, the author's voice on the CD is very grating. Overuse of pitch creates a very patronizing tone. I can't listen to her for more than a few seconds.

More than 30 million Americans rely on their voices for their jobs--from teachers, religious leaders, and entertainers to lawyers, executives, salespeople, and doctors. A controlled voice increases self-confidence and enhances charisma, approachability, and trustworthiness. Yet an astounding 30 percent of professionals develop preventable vocal problems that could ruin their careers. And most do not know that both the quality and tone of ones voice can be changed. The Voice Book: Caring For, Protecting, and Improving Your Voice is a one-of-a-kind reference that will save and improve your voice, your job, and your personal life. With dozens of vocal exercises and a detailed guide to the anatomy and physiology of voice, the book covers the full range of vocal health, from protecting against hoarseness and laryngitis to expanding speaking range and enhancing voice tone and quality. Illustrations, photographs, FAQs, and an accompanying CD make The Voice Book the first vocal self-help book of its kind and a must-read for anyone who wants a dependable, strong, and engaging voice.