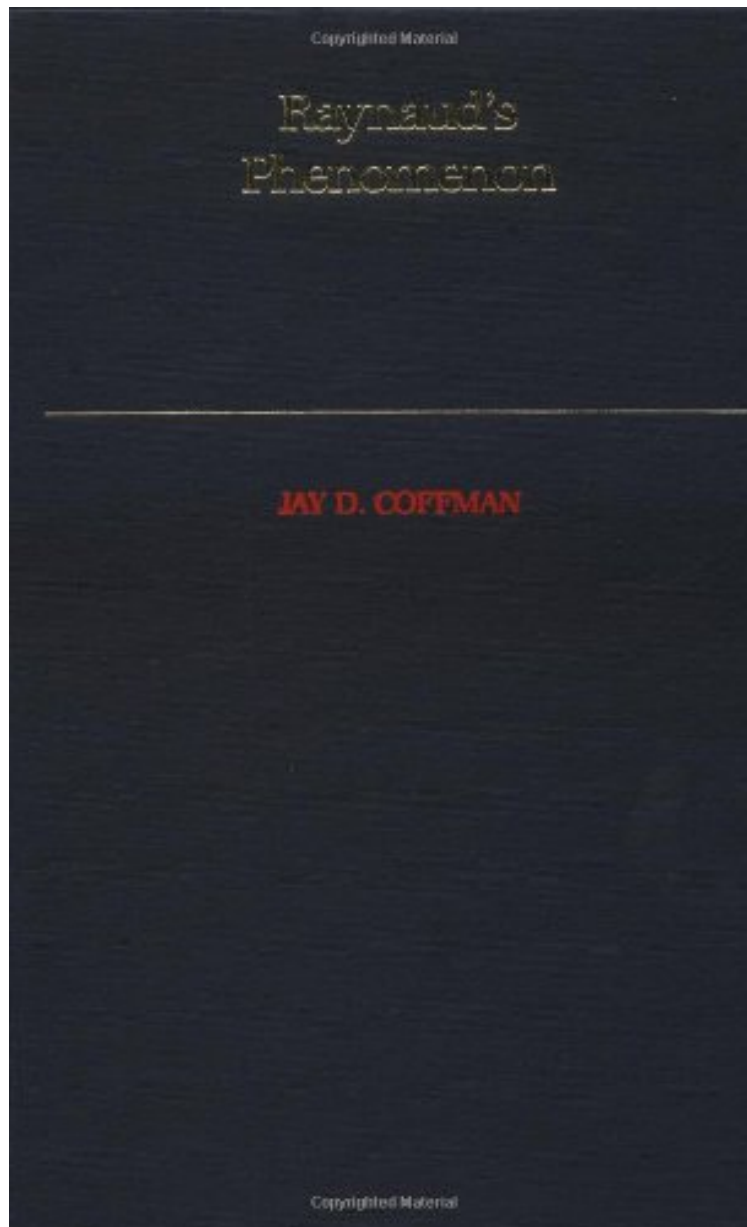


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Raynaud's Phenomenon

Jay D. Coffman

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Jay D. Coffman : Raynaud's Phenomenon before purchasing it in order to gage whether or not it would be worth my time, and all praised Raynaud's Phenomenon:

43 of 48 people found the following review helpful. Dr. Coffman's book is an invaluable resource By A

CustomerAlthough much of the book is fairly complicated science, the book is a wonderful resource for those individuals who have been diagnosed with Raynaud's Phenomenon. Finally I found a source that explained many of the "side effects" of Raynaud's at a level that I could understand.If you, or someone you know, has been diagnosed I (a fellow Raynaud's "sufferer") absolutely recommend it!6 of 7 people found the following review helpful. Cold hands? Read this book.By Charlie McNabbThis book is a must-have for anyone suffering from Raynaud's. It can get fairly technical, so it's not the easiest read for a layperson, but it does describe medical and behavioral mechanisms for dealing with Raynaud's. If you have Raynaud's I'm sure you are aware of the dearth of clear information available, and this book brought me a lot of hope.

This book presents the most up-to-date knowledge concerning Raynaud's disease, an autoimmune disorder distinguished by well-demarcated blanching or cyanosis of one or more digits on exposure to cold, that occurs in episodic attacks. Especially common among young women, researchers estimate that the phenomenon may affect up to 10% of the female population. The volume provides coverage of the disease as a primary illness and as the secondary result of another disorder. The only available text on Raynaud's, the book includes a comprehensive discussion of the physiology of finger blood flow, and coverage of both old and new treatment modalities. Readers will find full information on the anatomy of the disease, the clinical picture, prevalence, diagnosis, prognosis, pathology, pathophysiology, and the author's personal treatment preferences, which are backed by 30 years of professional experience with peripheral vascular diseases.

"Raynaud's phenomenon frequently afflicts young women, particularly those living in cold climates, and is also associated with myriad diseases . . . Here is a contemporary, comprehensive treatise . . . The subject is reviewed in depth without duplication. The style is crisp and informative. The author presents the information in a balanced, thoroughly referenced manner. Each chapter is carefully structured and organized . . . The author has accomplished the difficult task of incorporating the extensive literature devoted to Raynaud's phenomenon in a very informative and readable textbook. This book will be a valuable asset to the internist and should be mandatory reading for any physician or surgeon interested in vascular diseases." --New England Journal of Medicine"A timely review to assist physicians to better understand the cause as well as the state-of-the-art treatment available. . . Each chapter concludes with a summary that the busy practitioner will welcome, and the book will be useful to medical students as well as to family practitioners.This book deserves to be widely read, and I am happy to have it in my library." --Occupational Health in OntarioFrom the Back CoverRaynaud's phenomenon is the occurrence of episodic attacks of well demarcated blanching or cyanosis of one or more digits on exposure to the cold. However, when the phenomenon is due to an underlying disease, there may be multiple episodes of painful digital ulcerations or gangrene and systemic involvement affecting the length of life.About the AuthorJay D. Coffman is at Boston University School of Medicine.