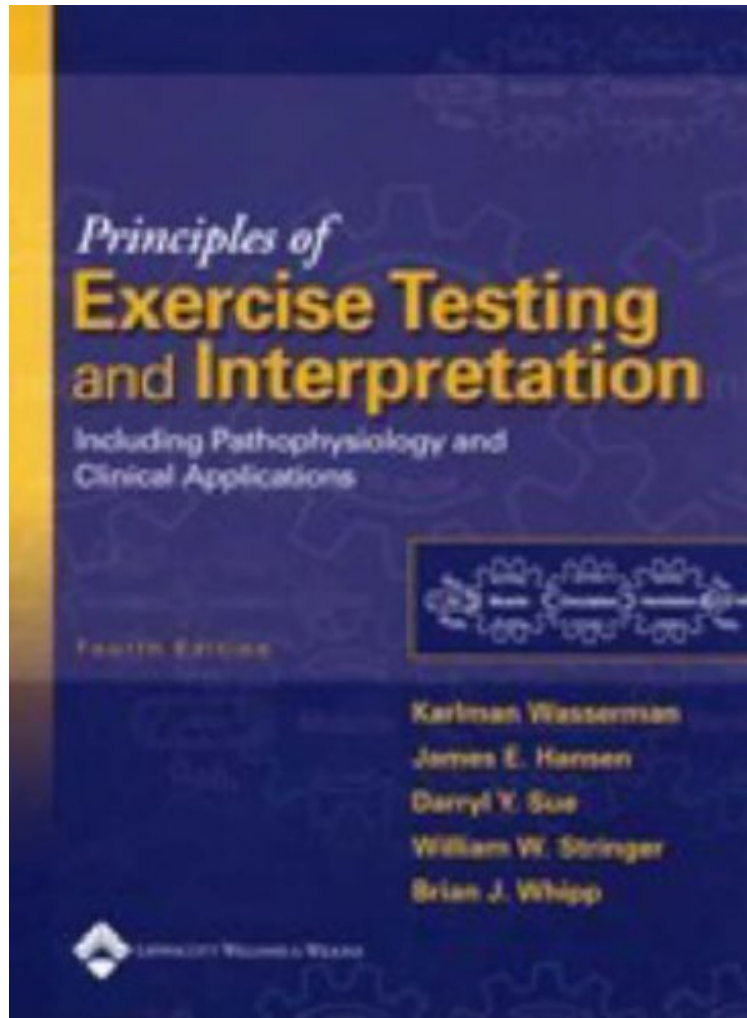


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Principles of Exercise Testing and Interpretation: Including Pathophysiology and Clinical Applications

Karlman Wasserman MD PhD, James E. Hansen MD, Darryl Y. Sue MD, William W. Stringer MD, Brian J. Whipp PhD DSc

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7 of 7 people found the following review helpful. A must buy if you want to really understand cardiopulmonary exercise testing and do it in your office
By Jeffrey Shanes M.D. I am a cardiologist in private practice in the Chicago area. Our group has added CPET (cardiopulmonary exercise testing) into our practice. MET-TEST([...]) and Dr. Sundeep Chaudry an expert in the field has made this possible. It has tremendously added to our revenue and has allowed us to provide very physiologic information on our patients not possible with any other type of stress testing. Once we started I wanted a resource that could walk me through the physiology of the test so I could get the most out of the results and this book was suggested. It is spectacular, I think, for anyone thinking about doing the test or who is currently doing them and has not had formal training. It is beautifully written and starts with the basics. For someone who wants to go deeply into the physiology of exercise chapters 2-3 have it. But for the clinician wanting to understand what it means and how to use it I would recommend starting with chapter One a wonderful overview and then going directly to chapter four which explains what is measured and how to interpret the test. I highly recommend this book and highly recommend MET- TEST in order to implement this type of testing into your practice. I would also just add that I have no financial incentives or relationship with MET-TEST. One small note the first book I received had the last 70 pages of the book upside down and backwards. Good old had a new book to me the next day before we even sent back the flawed book !!!! Thanks .1 of 2 people found the following review helpful. exercise physiology
By zanyboi My first buy online, and the book hasn't disappointed me. Most coveted. New and fresh. Delivery was unexpectedly quick and easy

Thoroughly updated in its Fourth Edition, this exceptional resource is the most comprehensive, current text on the physiology and pathophysiology of exercise testing available. It is the only reference to address those disorders that can be diagnosed only through cardiopulmonary exercise testing. Readers will find... Comprehensive presentation addressing cardiovascular, metabolic, and respiratory responses to exercise in both health and disease states. Principles and rationale behind exercise testing, commonly used testing protocols, guidelines for normal and abnormal values, and tips for accurate interpretation of test results. Normal test values for a range of patient groups including children, over- and underweight patients, and the elderly. More than 80 case histories, each accompanied by exercise physiology results, highlight differential diagnosis by applying basic physiological concepts to real-world examples. Coverage of disorders that can be diagnosed only through cardiopulmonary exercise testing. NEW to the Fourth Edition... New chapter covering regulation of arterial and mixed venous blood gases New nine-panel graphic array illustrating critical aspects of exercise testing Updated flow charts to help with clinical interpretation and differential diagnosis