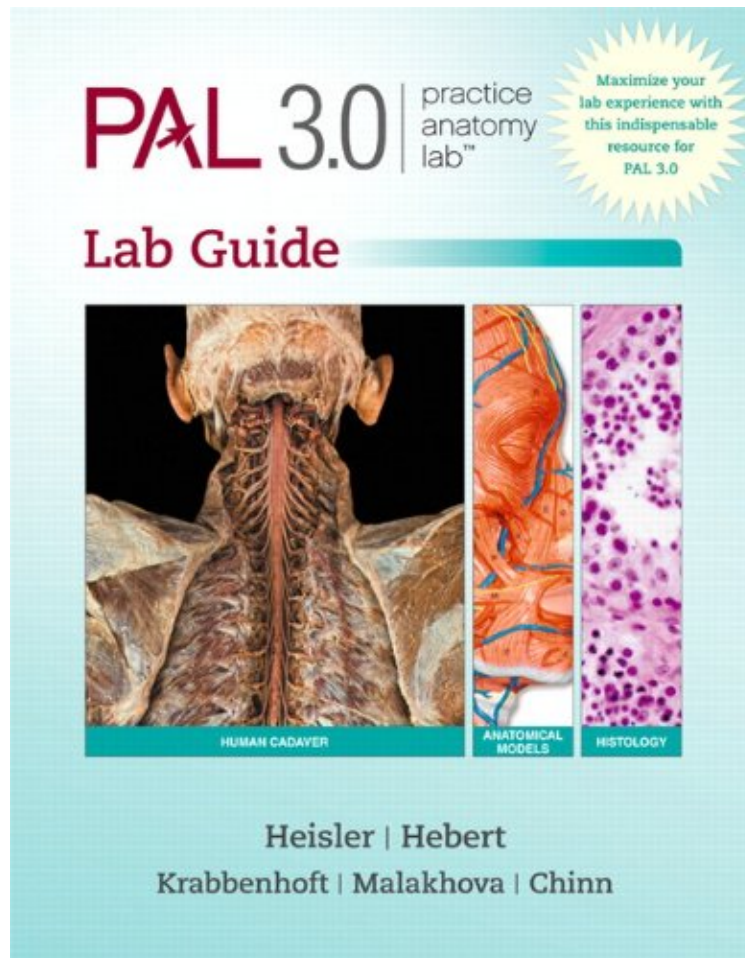


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## Practice Anatomy Lab 3.0 Lab Guide

*Ruth Heisler, Nora Hebert, Jett Chinn, Karen Krabbenhoft, Olga Malakhova*  
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The Practice Anatomy Lab 3.0 Lab Guide provides students with engaging, structured exercises and quizzes to maximize their anatomy lab experience using PAL 3.0. Whether a student is using PAL 3.0 in an on-campus wet lab, in an online virtual lab, or in a combination hybrid lab course, they will save study time by using the Activity Guide to direct their learning, stay on task, and reinforce their comprehension.

About the Author Ruth E. Heisler is a senior instructor in the Department of Integrative Physiology at the University of Colorado at Boulder where she teaches and coordinates several courses, including Human Anatomy, Comparative Vertebrate Anatomy, and Forensic Biology. Ms. Heisler received her B.S. in Biology from the University of Minnesota, and her M.A. in Biology from the University of Colorado. She has been an instructor at the University of Colorado for 14 years. At the University of Colorado, Ms. Heisler has worked extensively with the Science Education Initiative to improve both the teaching and understanding of scientific material at the undergraduate level. In addition, she has been involved in academic outreach through workshops with the American Academy of Forensic Sciences and the Biological Sciences Initiative. She has been a consultant on projects with the Center for Human Simulation, working with data generated through the Visible Human Project. Additionally, she is an active member of the Human Anatomy and Physiology Society (HAPS), where she has presented workshops on the use of Practice Anatomy Lab as an assessment tool in the classroom. Ms. Heisler has been deeply involved in the development of Practice Anatomy Lab for nearly five years, as co-author of versions 2.0 and 3.0. She has also authored a custom laboratory manual developed for a large, cadaver-based Human Anatomy Lab course. In her spare time, Ms. Heisler enjoys spending time in the mountains and traveling with her husband and two young sons. Nora Hebert currently teaches undergraduate courses in Anatomy and Physiology at Red Rocks Community College near Denver, Colorado. Although most of her students are undergraduates, primarily interested in the allied health professions, Dr. Hebert has also taught graduate-level Human Physiology for the Colleges Physician Assistant Program. Dr. Hebert received a Ph.D. in Endocrinology from the University of California at Berkeley. Although her research interests have primarily been in basic science, she became familiar with the research phase of drug development while doing a postdoctoral fellowship in the private sector. It was during this fellowship that Dr. Hebert decided to pursue teaching as a profession. Dr. Hebert is an active faculty member at Red Rocks, serving on the faculty senate, the honors program committee, and the admissions and executive committees for the Physician Assistant Program. She is also part of the Colleges Campus Green Initiative. Dr. Hebert has consulted in the development of an interactive virtual knee, known as the Explorable Virtual Human, with the Center for Human Simulation at the University of Colorado Health Sciences Center. She has also been involved with the Visible Human Dissector program, advising K-12 teachers and postsecondary instructors on how best to implement the Dissector in their classrooms. Dr. Hebert has been deeply involved in the development of Practice Anatomy Lab for nearly five years, as co-author of versions 2.0 and 3.0. She is also the author of over 60 AP Flix animations covering muscle physiology, neurophysiology, and muscle origins, actions, insertions and innervations. Jett Chinn is an instructor of Human Anatomy in the Science and Technology Division of Caada College (Redwood City, CA), and also the Life and Earth Sciences Department at the College of Marin (Kentfield, CA). Mr. Chinn has 20 years of experience teaching Human Anatomy at several Bay Area institutions. He has taught Stomatology courses for first-year dental students at the UC San Francisco School of Medicine; undergraduate-level human anatomy courses at San Francisco State University; lower extremity anatomy and general human anatomy lab courses at California College of Podiatric Medicine; and general anatomy lab courses at Touro University College of Osteopathic Medicine. Mr. Chinn's work in the classroom has inspired students to pursue careers in nursing, physical and occupational therapy, radiology, medicine, dentistry and other health-related fields. Mr. Chinn received a B.A. in general biology from San Francisco State University and a B.F.A. in painting from the California College of Arts and Crafts. Karen M. Krabbenhoft is a senior lecturer in the Department of Neuroscience at the University of Wisconsin in Madison. During her 18-year career, Dr. Krabbenhoft's focus has been on teaching students at all levels of their educational process, including undergraduate, physician assistant and medical students. She has been recognized by the University with several awards, including two Medical Alumni Association Distinguished Teaching Awards for the Basic Sciences (1998, 2007), the Deans Teaching Award (2000), and the Gender Equity Award (1998). Most recently, Dr. Krabbenhoft was selected by the graduating class to receive the Pre-Clinical Teaching Award in 2011. Dr. Krabbenhoft earned her Ph.D. in Anatomy from the University of Wisconsin. After working as a research specialist, she entered the classroom to teach a wide variety of courses including Histology and Organology, Human Gross Anatomy, Functional Neuroscience, and Medical Pathology. Dr. Krabbenhoft is always searching for better resources to facilitate students learning of human anatomy and has worked with academic publishers as a reviewer and advisor for several textbooks and media products. Outside the University, Dr. Krabbenhoft enjoys spending time with her husband and children at their lake home, photographing her children's athletic events, and crafting with stained glass. Olga Malakhova is an assistant scholar in the Department of Anatomy and Cell Biology at the University of Florida College of Medicine in Gainesville. Dr. Malakhova began teaching Gross Anatomy and Neuroscience in 1972 at Odessa Medical Institute in Ukraine. She has been teaching first-, second- and fourth-year medical students, as well as several Clinical Residency programs, at the University of Florida

for the past 18 years. Dr. Malakhovas teaching excellence has been recognized by several awards, including six Exemplary Teacher awards from the University of Florida (2005, 2006, 2007, 2008, 2009, 2010). She was also recognized as a Master Educator by the Universitys Medical Education Faculty Development Program (2006). Dr. Malakhova received her M.D. from Odessa Medical Institute in Ukraine, and her Ph.D. in Neuroscience from the Brain Research Institute of the Russian Academy of Medical Sciences in Moscow. She has published numerous medical research papers, including two books for medical students. Dr. Malakhova is a member of the American Association of Clinical Anatomists (AACA). She is also an active reviewer of the AACA monthly publication. Outside the University, Dr. Malakhovas hobbies include listening to classical music, reading, enjoying water sports, and traveling with friends and family.